

Hi and welcome to



Did you know that God's not only with you all the time, but he wants to talk with you and listen to you too?

Using SnapSports is a great way to help you understand what God is saying through his Word, the Bible. Each day StapSports Jules you of few Bible velses to read, something to think about or do, and a pracer idea.

Inside SnapSports 14 there are seven days of readings from Exodus where you can discover how God used Moses to rescue the Israelites and then it's over to Luke to read about Jesus' death and resurrection.

You will find the readings in your Bible and at the back of this booklet. As you read, ask God to help you understand what he is saying and what he might be wanting you to do.

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This Snapshots material has appeared in previously published issues of Snapshots.

Christine Ohuruogu

400 metres Olympic Champion in 2008 and World Champion in 2007 and 2013

My Christian faith plays a huge role in my life. It is what I hold on to. I tend to worry a lot so I like it when Jesus says "Come to me, all you who are weary and burdened, and I will give you rest." (Matthew 1):28).

As a sportsperson you are being challenged in every way possible and you can get overwhelmed by everything that is going on — especially in a charpionsh en ronment. But it is nicet have that afety net of Jesus aying: "If you are worried, come to me and it will be

all right."



Ruan Pienaar

Ulster and South
African rugby
player and Rugby
World Cup winner
in 2007.

At one stage of my career I was so focused on rugby that how it went on the pitch would determine my mood when I went home. Now I am a bit more relaxed and know that rugby is just a part of my life – my family and faith are more important. And that is what it is about for me now - to give God all the glory whether I have played well or not. It does give you a sense of freedom that you know that Jesus died on the cross for you and you know that you are free. It is not what people think about you but what God thinks about you that counts. My key Bible verse is Proverbs 3:5 "Trust in the LORD with all your heart and do not lean on your own understanding."

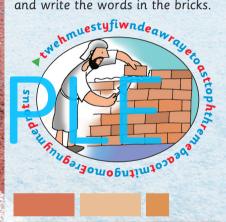
Slaves in Egypt

DAY

Do you know any bullies? Why do you think they are like that?

Read Exodus 1:8-14.

Why did the Egyptians treat the Israelites so badly? Take the red letters, starting from the arrow, and write the words in the bricks.



Use the leftover letters to find out the new king's aim:

If you know any bullies, pray for them and for the people they bully. (Tell an adult, too.)

Hide him quick

DAY 2

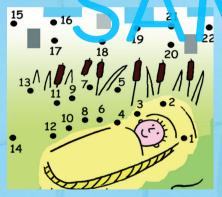
Can you find the pairs?



How do you protect a baby?

Read Exodus 2:1-10.

Join the dots to see where the woman hid er baby.



How did each of these people or things protect the baby?

His mother The basket His sister The princess

Who protects and looks after you? Talk with God about times you feel in need of his protection.

Voice from a bush

DAY DAY

Do you remember the bad thing that Moses had done? Find out why he was suddenly very afraid.

Read Exodus 3:1-8.

Can you find six differences between the two pictures?





Moses was afraid because God is holy. Holy means to be pure or set apart. God is holy — pure goodness. There is nothing bad in God at all.

Take off your shoes and sing a worship song, or do something that shows you know how holy God is.