

SURVIVAL


Journal




MEMORIES OF PRIMARY SCHOOL

Use this space to doodle or write your best memories from primary school.
You could even ask your friends to write their best memory with you.









What was the most useful thing you saw in the survival guide?



What is your best piece of advice for a friend going to secondary school?



Do you still have any questions or concerns?
(After you've read all the survival stuff.)



Who will you talk to about your questions or concerns?

NEW SCHOOL, NEW YOU?

Starting in a new school is an opportunity for a fresh start.
Is there anything you would like to improve about yourself in your new school?

Is there anything new you want to try in your secondary school?





Use this space to draw or write about those things.

ARE YOU READY?

How ready are you for your new school?
Try these dilemmas and find out!

1

On your second day at school you get lost. You have no idea where you are and you're already late for your first maths lesson at your new school. Do you...?

- a) Ask a passing Year 11 where your maths classroom is.
- b) Hide in the toilets and cry.
- c) Decide to find the classroom for the lesson after maths instead; at least you won't be late for that one.
- d) Find a teacher, explain that you're lost and ask for help.

2

You see someone you know from your primary school being pushed around by some Year 9 lads. Do you...?

- a) Walk on by, as if you didn't know them.
- b) Join in with the fight to help.
- c) Ask an adult in school to sort it out.
- d) Stand and watch, shouting "Fight, fight!"

3

By the end of your first week in school, you've been given way more homework than you're used to getting, and by Sunday night you haven't completed everything. Do you...?

- a) See what homework needs to be done for Monday and make sure that's finished.
- b) Panic and only manage to finish your art homework.
- c) Text your friend to see if you can copy theirs.
- d) Give up completely and prepare yourself to be told off every lesson for a week.

4

A friend from primary school is acting as if they don't want to know you any more. Do you...?

- a) Keep texting them. They might not have seen your message.
- b) Confront them angrily about why they're ignoring you.
- c) Talk to them about it. They may have just moved on.
- d) Freeze them out in revenge. Two can play at that game...

5

After two weeks of being at secondary school, a new friend keeps calling you the wrong name. Do you...?

- a) Make yourself a badge, saying "Hi, my name's [your actual name]!"
- b) Shout, "That's not my name!" loudly in their face, the next time they call you the wrong name.
- c) Tell your form tutor that the person is bullying you by calling you the wrong name.
- d) Gently remind them of your name the next time they get it wrong.



What's your Score?

Find out how many points your answers are worth, add them up and see what you've scored!

- (1) a=5 b=2 c=1 d=8
- (2) a=2 b=1 c=8 d=1
- (3) a=8 b=4 c=2 d=1
- (4) a=4 b=2 c=8 d=1
- (5) a=5 b=2 c=2 d=8

If you got:

0–11 points: Hmm... you could do with thinking about things a bit more before starting school. Talking to a teacher, parent, carer or someone you trust might help.

12–21 points: You're getting there but there's a little way to go yet before you make the move. Make sure you read all of the survival guide to get some tips.

22–31 points: You're almost ready! Keep reading the survival guide and ask any questions you might have.

32–40 points: Well done! You've clearly been paying attention and you're all ready to go! Enjoy secondary school – you'll be fine.



DOODLE SPACE



DOODLE SPACE

ARCHIE'S STORY

SS1 (YEAR 7), SCOTTISH BORDERS

What are the things that you most enjoy about Secondary School?

The new classes, new teachers, the food.

What were your biggest concerns about moving School? Are they still a concern now?

My biggest concern was to make friends and to keep them, and to do well in all classes. No, not any more, I've been able to make friends and I'm doing well in my classes.

What advice would you give to a Year 6 student who is about to go into Secondary School?

My advice would be to concentrate on the work and having friends that you can trust and keep. Keep working hard on all your subjects, even if you don't like them.

What is your favourite subject at school and why?

My favourite subject is science because it is a practical and an academic subject. Also I am good at it.

What difference has Jesus made to your moving school experience?

He made my move easier than it would have been without him. He gave me friends that I could trust